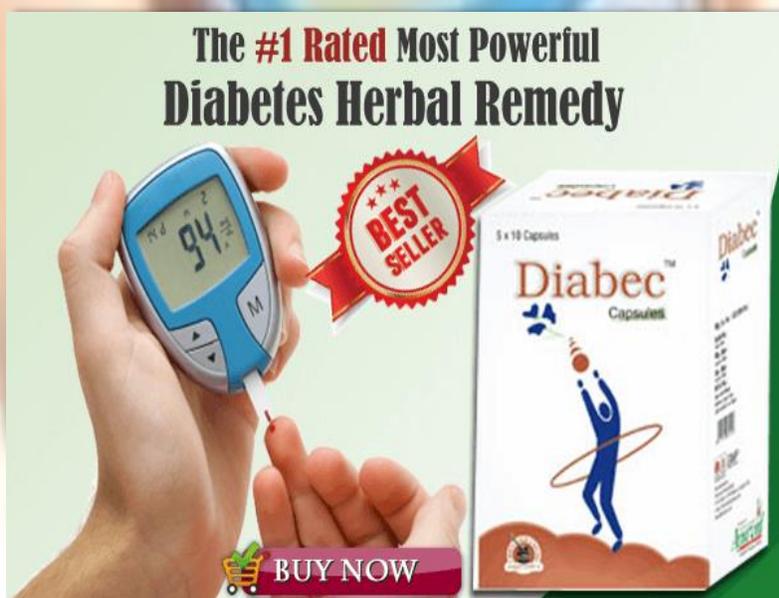


## ***Ayurvedic Pills To Control Diabetes***

According to latest medical records, every home will have a one or two diabetes patients. Now, the frequency of diabetes is highly increasing and no doubt, it is the gift of stressful modern living. Treatments are also advanced enough, but large numbers of people depend on ayurvedic treatment. Because, this ancient therapy is completely free from chemicals and it is an established truth also. So, several people use ayurvedic pills to control diabetes. Though, numerous herbal pills are available, but **Diabec capsule** is the best of all.



Diabetes is a metabolic disorder. The abnormal sugar level in blood is called diabetes. The normal blood sugar range is between 70 mg per dl to 110 mg per dl at fasting stage. If the blood sugar is more than 110 mg per dl then it is called hyperglycemia or diabetes.

Common symptoms of diabetes: In Ayurveda diabetes is known as 'Prameha' which means abundant urination. However, people can be alert due to some symptoms of diabetes and take the advice of health consultants. Few common symptoms of it are frequent urination, increased thirst, increased hunger, weight loss, fatigue, slow healings of wounds and short-tempered.

When an individual face the above symptoms then he or she should take the help of health consultant to prevent the problem of diabetes.

Consuming **Diabec capsule** is another good option for keeping healthy level of blood sugar in blood.

Herbs for controlling diabetes: Though lots of people take ayurvedic pills to control diabetes, but some herbs are too much effective to cure diabetes problem and those herbs are used for making ayurvedic products also. Here are lists of some herbs.

**Banaba:** This perennial herb is also known as *lagerstroemia speciosa*. This herb originates to Southeast Asia and Philippines. Banaba leaves contain corosolic acid which helps to lower down the level of blood glucose. In fact, it lowers down about 30% blood glucose. The people suffering from diabetes can take banaba leaf tea as herbal treatment for diabetes. Besides, **Diabec capsules** offer good result.

**Fig leaves:** Though many people take ayurvedic pills to control diabetes, fig leaves are famous for treating diabetes condition. It contains anti-diabetic properties. It is also enriched in fiber, potassium and calcium which help to reduce cholesterol level associated with diabetes. It also helps to stabilize the blood pressure level of the body.

Take some fresh water and boil fig leaves for 15 minutes and then consume it as tea form regularly. It will provide wonderful result for diabetes.

**Bitter Melon:** Bitter melon is a great remedy for treating diabetes. It helps to improve the capability of the body to use blood sugar and glucose tolerance. It is very much effective for

Reducing the blood sugar level of the patients suffering from diabetes it also repairs the beta cells of the pancreas.

Drink the juice of bitter melon with empty stomach in every morning. In addition, there is another way to have a mixture of bitter melon leaves juice. Take 2 glasses of water, and add 6 tablespoon of chopped leaves of bitter melon to it. Then boil it for 15 minutes and let it cool down for a while. This remedy can be used along with **Diabec capsule** which is one of efficient ayurvedic pills to control diabetes.

A close-up photograph of a person's hand holding a blue insulin syringe. The syringe is being used to draw liquid from a vial. The background is blurred, showing the person's arm and hand.

Never get upset having the problem of diabetes. Change your lifestyle, diet and follow the instructions of health experts. Then, you will be able to keep your blood sugar in desired level.

To read detail about *Diabec Capsules*, visit <http://www.dharmanis.com>

Company Name: Ayush Remedies

Company Info: Ayush Remedies is a dynamic company devoted to spread Ayurveda, the holistic life science worldwide. The company focuses on promoting good health through the goodness of nature. The company has played a pioneering role in re-establishing the ancient knowledge by making people aware of the wonders of Ayurveda, the ancient Indian health care system and the magical properties of herbs.

Company Website: <http://www.ayushremedies.com>

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