

## Natural Remedies To Lower High Blood Glucose Levels

The complications of diabetes increase as we age. The more we age, the more there is least chance of being physically active. Complexity increases if the blood glucose levels rise in the body and not checked on time. Most common complications include:

1. Retinopathy (damage of eyes): Diabetes may lead to damage of blood vessels of the retina leading to blindness. Diabetes also increases the chances of cataracts and glaucoma that are other types of vision impairment.

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2. Nephropathy (damage of kidneys): The function of the kidneys is to filter the waste from the blood with the help of millions of very small blood vessels. Diabetes can damage them

that may ultimately need artificial dialysis or kidney transplant.

3. Neuropathy (damage of nerves): Excess of blood sugar may wound the walls of capillaries (very small blood vessels) that help in nourishing the nerves, especially feet. This leads to feeling of tingle, numbness, pain or burning at the tips of toes or fingers and then it spreads in the upward direction causing permanent losing of all the senses at that place (amputation). Nerves if damaged may also cause digestive problems

causing nausea, vomiting, constipation or diarrhea. It can also lead to erectile dysfunction among men.

4. Hearing problems: Most common among people suffering from diabetes.

5. Skin problems: May lead to bacterial and fungal infections.

6. Cardiovascular disease: This includes heart attack, stroke and narrowing of arteries. The heart disease or stroke is mostly caused due to diabetes.

Complications of pre-diabetes (stage just before undergoing diabetes or can be said as the early onset) are this may lead to develop type 2 diabetes.

In the diabetes stage, the sugar and carbohydrates that are consumed by us are not used up by our body cells due to the reason that the insulin in our body is either not produced or produced in low quantity or gets resistant towards the cells. This increase the blood glucose levels in our body.

Diabkil capsules are the home based remedies to treat high blood glucose levels to improve the basic nature of the body of utilizing blood sugar for energy production. Diabkil capsules are the remedies to treat high blood glucose levels that effectively repress the ill effects produced due to high blood glucose like lack in concentration, weakness, giddiness, body ache, reduced mental abilities, etc.

General medicines have the side effects of reducing the amount of insulin. Diabkil capsule keeps this side effect in control. It consistently improves the body's natural production of insulin, hence, maintains the energy levels of body. It prevents harming of the internal organs of the body and also prevents the clot formation in blood vessels and cholesterol imbalances occur due to high blood glucose levels.

To read detail about **Diabkil Capsules**, visit

<http://www.naturalhealth-supplements.com>

Company Name: Ayush Remedies

Company Info: Ayush Remedies is a dynamic company devoted to spread Ayurveda, the holistic life science worldwide. The company focuses on promoting good health through the goodness of nature. The company has played a pioneering role in re-establishing the ancient knowledge by making people aware of the wonders of Ayurveda, the ancient Indian health care system and the magical properties of herbs.

Company Website: <http://www.ayushremedies.com>

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